



employee use only

Start Date: _____ Member / Program Member

Employee Initials: _____

Getting to Know ME

My Name is: _____

My Age is: _____ My Birthday is: _____

My Parents are: _____

My Phone Number is: _____



Special Care and Allergies to foods and other substances (list below):

Childs' likes and dislikes- how The child likes to be held, favorite movies, books, toys, etc. (List Below):

Wellness Policy

It is our sincere desire to provide quality care for your children while you are participating in various Y services and programs. For safety and well-being of all children and staff, the following health and wellness policies will be enforced.

Children should not participate in the Y Nursery program if one or more of the following conditions exist:

- The illness prevents the child from participating comfortably in Nursery activities.
- The illness results in a greater need than the Y staff can provide without compromising the health and safety of other children.
- The child has any of the following conditions:
- A fever higher than 100 degrees. Child must be fever free for at least 24 hours without fever reducing medication before they can return.
- Continuous and/or colored nasal drainage. A current note from a physician can be provided if drainage is caused by an allergy.
- Diarrhea
- Vomiting within a 24 hour period
- Communicable diseases (eye discharge, pink eye, head lice, skin rash, chicken pox, whooping cough, cold sores, etc.)

Your child will require 24 hour exclusion from the Nursery if any of the above mentioned conditions exists. If your child is not contagious but presents any of the above mentioned conditions, we will gladly accept a doctor's note.

****Policy for Sick Children****

- Sick or contagious children are not allowed in the nursery (See "Safe to Play" flyer posted in the nursery)
- If children have runny nose, fever, rash, diarrhea, lice, or pink eye they are not permitted in the nursery.
- If children's condition is questionable, please check with your pediatrician.

Nursery Rules

The nursery is intended to be a non-structured drop-in child care service for the convenience of YMCA members while exercising or participating in a YMCA program.

- Everyone must sanitize their hands and their children's hands each time they enter the nursery.
- The nursery is for children ages 6 weeks to 8 years old. All infants must be in a car/baby seat provided by the parent.
- There is a time limit of 2 hours per session per child. There is a limit of 15 children in the nursery at any given time.
- Parents/Guardians must stay in the building while their children are in the nursery and must let the nursery staff know what part of the facility they'll be located in.
- Only YMCA Staff, nursery participants, and parents/guardians are allowed in the nursery.
- Children must be signed in and out of the nursery. If someone other than the parent/guardian who signs the children in will be signing the children out, the staff must be informed and will require a valid ID to be presented.
- Parents/guardians will be called for the following: diaper changes, illness, crying lasting longer than 10 minutes, and discipline problems. Parents/guardian timely response is expected.
- Drinks must be in a spill proof container with a lid and labeled.
- The YMCA nursery is not responsible for member's or guest's belongings.
- Children that are not members of the YMCA are allowed in the nursery at a fee of \$5.00 per child per hour. Non-member space is limited to eight.

Child Rules

- No running in the Nursery.
- Keep toys out of your mouth.
- No balls in the nursery (i.e. basketballs, soccer, volleyball, etc.)
- You are more than welcome to bring you own toy but you are responsible for your toy. We are not responsible for anything that is lost, stolen, or broken.
- We allow snacks in the nursery but you must provide your own. All snacks and drinks must be eaten at the table with spill proof cups.
- We do not allow bullying of any kind. Bullying can result in dismissal from the nursery at any time. Bullying is any form of aggression, i.e. hitting, kicking, biting, name calling, etc.
- Please use appropriate language.
- Children will be treated with respect and are expected to be respectful as well.
- Be respectful of toys and nursery furnishings.

I have read and understand the Nursery Rules, Wellness Policy, Child Rules, and Policy For Sick Children for the Bedford Area Family YMCA and the Nursery and agree to abide by them.

Signature: _____ Date: _____