



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

Dear Valued YMCA Member,

Happy Spring! The Bedford Area Family YMCA is looking forward to a fantastic future with our loyal members and dedicated community. In spite of COVID, we feel very positive about what we have accomplished together in 2020 and the first half of 2021! Below is a list of a few of the improvements we have made:

- Our aquatics center has a brand-new hot tub and sauna, ready for use as soon as it is safe and allowed!
- Our fitness area has gotten new ellipticals, stationary bikes, and, very soon, new treadmills.
- Our free weight/TRX zone has gotten new pin set machines and, very soon, new weights.
- Outside, we graded and seeded SEVEN acres of athletic fields for our youth and adult soccer programs.
- We built a brand new, Open-Air Performance Stage to provide outdoor family and community events.
- An 18-hole Disc Golf Course was expanded and upgraded throughout the woods and the property.

The YMCA will always stand for healthy living, youth development, and social responsibility. In order to continue to remain relevant, viable and a vital community organization meeting a multitude of needs, we have decided to adopt a trend that is common with Ys across the country and implement an annual, one-time \$20 maintenance fee to all memberships. This fee will be assessed in June of each year via payroll deduction, automatic draft, or invoice, and will be used to help ensure the health of our facilities while providing you with excellent amenities, programs, and services. This is a once per year fee, not a membership dues increase. Which dues, by the way, we are proud to say, have not increased in over 6 years.

In addition to being a membership-based health and wellness facility, the Y is a strong non-profit organization that uses donor support to help ensure our community outreach is strong and relevant. With the generous support of individuals and organizations, the Y was able to expand the following outreach efforts in 2020 and the first half of 2021 - community helping community!

- Our Child Care for Essential Workers during the COVID pandemic was able to provide over 50 children last summer with a reliable, safe place at the Y. In addition, our school-age childcare program expanded to 12 afterschool sites, from 5, across Bedford County in order to maintain the safety protocols necessary to help mitigate the spread of the virus between schools while providing a vital childcare service to families.
- We were able to run a skills and conditioning soccer clinic FOR FREE all summer last year that taught children of all ages soccer skills as well as the social/emotional skills of teamwork and sportsmanship.
- Over the past year and a half, we have held three (3) 5k runs/walks to continue the efforts of funding financial assistance to those in need, free memberships to those diagnosed with cancer, and fun, outdoor events to keep our community connected.

Thank you for your continued support of The Bedford Area Family YMCA and our mission to put Christian principles into practice through programs and services that build a healthy spirit, mind, and body for all. If you have any questions about this, you can call 540.586.3483 or email contact@bedfordymca.org

Sincerely,

Mary Jo Boone
CEO Bedford Area Family YMCA

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